



Date: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	"Veg Power Day" Margherita Pizza (V) with Potato Wedges & Sweetcom	Meatballs in Tomato Sauce with Pasta, Garlic Bread & Peas or Green Beans	Roast Chicken with Roast Potatoes, Carrots, Cauliflower & Gravy	Chicken Pie with Golden Puff Pastry with Creamy Mash Potato & Broccoli or Carrots	Oven Baked Fish with Chips & Baked Beans or Peas
Vegetarian	Vegetable & Chickpea Curry (VE) with Rice & Sweetcom	Tomato & Basil Pasta (VE) with Garlic Bread & Peas or Green Beans	Savoury Mince (V) & Dumplings in Gravy with Roast Potato, Carrots, Cauliflower & Gravy	Quorn Sausage with Creamy Mash Potato (V) with Gravy & Broccoli or Carrots	Quorn Nuggets (VE) with Chips & Baked Beans or Peas
Picnic	Freshly Prepared Sandwich, Wrap or Baguette, with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit				
Jacket potato	Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad Dessert of the Day or Fresh Fruit				
Dessert	Lemon Cake (V)	Jelly (VE)	Oaty Biscuit (VE)	Pear & Chocolate Fudge Pudding with Custard (V)	Melting Moment Biscuit with Fresh Fruit (V)

Key: V – Vegetarian, VE – Vegan
Available Daily: Fresh Bread, Water, Fresh Fruit, and Yoghurt

