

Unlocking Autism for Parents

Assisting parental understanding of autism, communication and sensory needs.

Who is it for?

- Unlocking Autism is a free course for parents and carers of children and young people with communication and interaction needs. Children do not need to have a diagnosis of autism in order for parents to attend.

What will I learn?

- The programme includes sessions on behaviour, emotional regulation, Communication, sensory differences and autism providing practical tools and strategies to support children and young people.

When does the course take place?

- This is an online course which consists of five sessions which either run over two full days or as five, 2 hour webinars. It is recommended that parents/carers complete all five sessions in order to derive maximum benefit from the programme.

How do I book?

- To book a place please use the following link: [Global Search | North Yorkshire Education Services \(nyestraining.co.uk\)](https://nyestraining.co.uk)
- You will need to register on the website first, and make sure you put parent in the reason section. Then you're all set up to go and book on to whichever course suits you best.

Unlocking Autism for Parents – 2021-2022

Course Title	Date	Session	Time
❖ Unlocking Autism - 2 day course	Wednesday 22nd September 2021	Day 1 of 2	09:30am - 3:30pm
	Wednesday 29th September 2021	Day 2 of 2	09:30am - 3:30pm
❖ Unlocking Autism - evening course (5 sessions)	Wednesday 10th November 2021	Session 1 of 5	6:00pm - 8:00pm
	Wednesday 17th November 2021	Session 2 of 5	6:00pm - 8:00pm
	Wednesday 24th November 2021	Session 3 of 5	6:00pm - 8:00pm
	Wednesday 1st December 2021	Session 4 of 5	6:00pm - 8:00pm
	Wednesday 8th December 2021	Session 5 of 5	6:00pm - 8:00pm
❖ Unlocking Autism - daytime course (5 sessions)	Wednesday 12th January 2022	Session 1 of 5	09:30am - 11:30am
	Wednesday 19th January 2022	Session 2 of 5	09:30am - 11:30am
	Wednesday 26th January 2022	Session 3 of 5	09:30am - 11:30am
	Wednesday 2nd February 2022	Session 4 of 5	09:30am - 11:30am
	Wednesday 9th February 2022	Session 5 of 5	09:30am - 11:30am
❖ Unlocking Autism - 2 day course	Wednesday 9th March 2022	Day 1 of 2	09:30am - 3:30pm
	Wednesday 16th March 2022	Day 2 of 2	09:30am - 3:30pm
❖ Unlocking Autism - daytime course (5 sessions)	Tuesday 26th April 2022	Session 1 of 5	09:30am - 11:30am
	Tuesday 3rd May 2022	Session 2 of 5	09:30am - 11:30am
	Tuesday 10th May 2022	Session 3 of 5	09:30am - 11:30am
	Tuesday 17th May 2022	Session 4 of 5	09:30am - 11:30am
	Tuesday 24th May 2022	Session 5 of 5	09:30am - 11:30am
❖ Unlocking Autism - 2 day course	Tuesday 21st June 2022	Day 1 of 2	09:30am - 3:30pm
	Tuesday 28th June 2022	Day 2 of 2	09:30am - 3:30pm

If you have any further queries or require further guidance to sign up please contact elise.logan@northyorks.gov.uk